

DEVIL DANCE TEAM TRYOUTS
JV/Varsity
Eagle Valley High School
2021-2022 School Year

Mandatory Tryout Dates: April 28th, April 29th, & April 30th

Parent Meeting-**April 26th @6:30** (Virtual)

Where: EVHS Inferno Gym

When: 5:30 p.m.-8:00 p.m.

Bring: Completed tryout packet (Last 3 pages - keep first 4 pages)

REQUIREMENTS:

ÿ **Tryout packet DUE: April 29th**

- Tryout packet includes everything on this checklist:
- Application
- Signed Constitution
- Signed permission waiver

ÿ **Required Technical Elements**

- High Kick Sequence (Right & Left)
- Clean pirouettes: Double (Right)

· **Preferred Technical Elements**

- Kick Combination/Kick-line
- Clean pirouettes: Triple Right/Double Left
- Splits

Attire: Hair/bangs pulled up out of face and daytime makeup. Appropriate fitted * sports attire with any shoes that cover the entire foot (for example: split sole jazz shoes are OK, but lyrical paws are not). Dance shoes are recommended, but not required. Nothing representing "EVHS dance team" or "Devil Dancers" or anything representing any dance studio or gym may be worn. No jewelry and no gum. **The purpose of fitted apparel is so that judges can see poise, placement and moves of the candidate.*

Agenda & Details: During the first day, dancers will demonstrate individual technique (see above) for one judge, and learn a tryout routine. During the second day, dancers will demonstrate -- in small groups, in numerical order -- the tryout routine for a group of judges. The tryout routine will be around one minute in length, and will include pom, kick, jazz and hip-hop technique. The entire tryout process is CLOSED to observers.

No dance training is required to try out, but there are certain technical requirements that you will be asked to execute. Flexibility, athleticism, and rhythm are more important than dance training! There is no set number of girls who make up the team. It is merely done where there is a natural break in the scores.

New members chosen for the team are done so based on the highest scores. Returning tryout candidates are judged on the previous seasons' results (80%) and highest tryout scores (20%). Please make sure to be on time, turn in your packet, sign-in, and you will be given a number. You will be known as your number, not your name, during the entire tryout process. Candidates and others will not be allowed to view any score sheets at any time.

Those making the team will be expected to provide proof of insurance and have a medical physical on file with the school. **The six physical components that a Devil Dancer must master are: musicality, dance technique, flexibility, precision, strong pom arms, energy, and appropriate facial expressions.** Also, past Devil Dancers are judged on their previous season. Candidates will be judged on all six of the physical components, as well as by their application and a short interview. Candidates will also be judged on their ability to learn quickly, and ability to work and cooperate with other students and adults. Results will be posted two places -- on the Devil Dancers Facebook Page and our Instagram account by 8AM on Monday, May 3rd, 2021, and will be posted BY NUMBER, not name. The date/time/location of the first team meeting, which is mandatory, will also be posted on that sheet.

Time Commitment: Dance team is a year round commitment, with the most intense time commitment being during the fall and winter sports' seasons. Dancers may participate in other sports during the spring season. Participation in other fall and winter sports will not be allowed. If you choose to participate in a school activity that occurs during the fall and/or winter season (i.e. drama production), that must be discussed with the Coach immediately following tryouts and may or may not be allowed. The Devil Dancers perform at halftime of all home varsity football games, all home varsity basketball games, pep fests, other events and community service projects. Dance team members also compete in regional and state competitions during November & December as selected by the coach. Other competitions may be added during the season. This is a two-season sport during the school year, but we do much of our fundraising and learning throughout the entire year.

Practices are usually 4 times per week and vary from morning to afternoon to evening, depending on facility availability, and dancers'/coach's schedule. Safety is the number one priority, and a flat grass/turf surface for fall and a wood floor for fall/winter are the first considerations when scheduling practices. All practices are mandatory. **Failure to attend scheduled practices may result in not performing/competing in scheduled events.** We do have various practices and events throughout the summer also.

Financial Commitment: Most high school dance teams in Colorado require members to pay thousands of dollars in uniform/competition expenses. There is a financial requirement, but to keep the amount small, EVHS dance team members are required to participate in fundraising events, and turn in all of their uniform apparel (with the exception of personalized items) back to the school. Much of our fundraising

events are held throughout the summer, and may involve members spending some money to help raise money for the team. **Fundraising as a team also bonds our members and builds camaraderie.**

- Uniform/Music Fee (for items belonging to the school --purchasing of accessories & additional uniform items and competition music). \$250.00 due by Friday, May 14th
- Camp: \$250.00. This fee is due Friday, June 11th (to EVHS Dance Team).
- Personal Items (kept by individuals and includes tan and black jazz shoes, black dance sneakers, black jazz pants, black and white leotards, sports bras, tights). Girls typically use most of these items year after year. These items (team members will receive a list of items needed at the first team meeting) must be purchased and in-hand by August 6, 2021.
- District Athletic Fee (may be waived/reduced for those in need of assistance per Mr. Laframboise, athletic director). Due in the fall, 2021.

Some dates that have been set so far for the 2021-2022 team:

August 6 th , 7 th	Team Camp - EVHS
August 9 th	Fall sports practice begins
August 16th	First Day of School
August 19th	First Pepfest Performance
November – Date TBD	Regional Competition
THANKSGIVING BREAK	Typically, teams practice the first part of Thanksgiving Break. Dates/times will be determined by September.

Fundraising & other dates:

June	TBD
July	TBD
December 2021	CHSAA state competition – Denver Coliseum
February	Fire & Ice Gala

If you have any questions or concerns about the information in this packet, expectations, school or team policies, please contact Coach Libby Navarro at 303-999-7960 or barbara.navarro@eagleschools.net

TOP 10 THINGS

You need to know to be a Devil Dancer

1. **BE SECURE.** Have faith in who you are, your talents and what you can bring to the team.

2. BE FOCUSED. Visualize your goals and do the things needed to reach those goals.
3. DON'T LET MISTAKES HOLD YOU BACK. Keep trying. Failing brings you that much closer to succeeding.
4. BE DRIVEN. Be relentless and insatiable when it comes to being the best. Be coachable.
5. BE VULNERABLE. Don't be afraid to fail. Allow yourself to open up from the inside. Remember that the soul must dance for the body to follow. Don't be afraid to express ideas and creativity.
6. KNOW YOUR SELF-WORTH. Know how special and unique you are.
7. HAVE A SENSE OF HUMOR.
8. HAVE A STRONG WORK ETHIC. Being responsible and reliable is crucial to the success of your team.
9. NEVER FEEL LIKE YOU'VE 'ARRIVED'. There is always more to learn. Stay grounded, be approachable, and constantly strive to be the best that you can be.
10. CONSTANTLY FINE-TUNE. Work on your technique, learn different genres of dance and educate yourself. Always increase your knowledge and understanding of your sport.

GOOD LUCK!

Eagle Valley High School Dance Team Application - 2021-2022

Name: _____ Circle grade entering this fall, 2018: 9 10 11 12
 Birth Date: ___/___/___ Cell phone # _____ Email address: _____
 Mailing Address: _____ Home phone # _____
 Parent(s) Names: _____ Parent(s) Email(s): _____

Does your family support you trying out for the EVHS dance team? Yes _____ No _____ Not Sure _____

Other activities, sports hobbies, interests: _____

Briefly explain any past or present injuries and how that would affect your participation in this sport:

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****If you have previously been a Devil Dancer, do NOT indicate that in any way in your answers.**

Briefly explain why you want to be a part of the EVHS Dance Team. _____

This team requires fundraising from its members. How do you intend to be involved with fundraising efforts? _____

The Devil Dancers require that uniforms, poms and personal dance items stay clean, mended, and new-looking; and that they are properly laundered and stored. It's a large amount of items. How will you handle that responsibility? _____

This team also requires a lot of time from its members. How will you handle spending a significant amount of time with the same girls for two sports seasons; along with spending some time with the group for summer events, camps, and fundraisers? _____

How will you handle time management for dance team, school work, family time, personal and social time? _____

How do you view your role as a dance team member? What can you offer the team? _____

What would you like to gain from dancing on this team? _____

What does it mean to you to be a Devil Dancer? _____

Other Comments (Optional): _____

Eagle Valley High School Dance Team Constitution 2020-2021

This constitution provides general information, and is not all inclusive of the rules and regulations of the EVHS Dance Team. The EVHS Dance coach reserves the right, without prior notice, to change, delete, supplement this information at any time.

The Devil Dancers at Eagle Valley High School promote school spirit and enthusiasm for all athletic teams at EVHS. The mission is to bring a group of individuals together as one unit and strive for a common goal of excellence through dance and entertainment. This is a **synchronized** sport, where everyone contributes equally to the team. Thus, when a dancer is late or missing - for whatever reason - it profoundly affects the team. This team is a performance group,

and is responsible for half-time routines at all home varsity/junior varsity football games and home boys/girls varsity basketball games, and all other school and community events determined by the coach. This is a two-season sport, with a year-round level of commitment.

Academic Expectations

Members will adhere to all ECS and CHSAA regulations regarding academic eligibility and maintain grades as determined by their individual parents. Members will be respectful to all ECS faculty, administrators, personnel and classmates. Members will be respectful to their individual parents and other team parents.

Uniform Requirements

Most dance team items are 'borrowed' by members and must be returned at the end of the second season. No dance team uniform piece, with the exceptions of jackets/warm up pants, may be worn by a dancer (or anyone else) at any time unless the rest of the team is in those items. It is the member's responsibility to keep all items clean, spot free and properly mended. If a member is dismissed or quits, all items must be returned to the coach immediately.

Code of Conduct

Members will give 100% during all practices and performances, displaying a general positive attitude regarding the team. No negativity -- spoken or unspoken. Members will not drink alcohol, smoke or use illegal/prescription/over-the-counter medications for recreational purposes, or participate in any activity degrading to the team, in or out of uniform. Members will not engage in improper behavior, poor judgment or misconduct, and will treat people with respect. Members will respect all dance team, school and team members' property, and won't speak disrespectfully to or about any teammate. Members will not engage in an unfavorable, questionable or illegal manner through electronic/social media or electronic/social communication devices in such a way as to bring discredit, dishonor or disgrace on the EVHS dance team or team members (including yourself), or any other student. Members will sign and adhere to all drug-testing policies as determined by EVHS. Members, relatives and friends must never degrade/put down any dancer's ability performance, appearance or personality at any public/team event, and must show general support of the team and its mission.

Practice/Performance Procedure

No cell phone use unless coach allows. Appropriate dress, bringing all requested items. Be on time. No jewelry, no gum, and no visible temporary or permanent tattoos. No hair color that is considered unnatural. Attentive and listening at all times, following directions of the coach without comment. Display an appropriate attitude and behavior. Practices are closed. All practices, camps and performances are mandatory. The team cannot reach its goals if members are late or absent. Team camp will focus on technique, learning routines and team-building activities. Missing camp will result in the member being benched for numerous performances. All decisions and consequences regarding dancer absences/tardiness/ability are at the discretion of the coach. All camp and other fees associated with the dance team are required of all members and will not be refunded in the event of dancers being benched, quitting or being dismissed from the team, being ill or injured, or missing camp. Examples of excused absences are illness, physical injury or death in the family. Examples of unexcused absences are doctor appointments, tutoring, other functions, work, test makeup, a birthday celebration, or travel.

Performance Eligibility

Not all dancers will dance in every performance, and there are certain techniques that must be mastered in early fall to participate in competitions (November/December). If a dancer is not dancing, she will dress in uniform and be with the team, but will sit out during actual performance if she is benched for that particular performance. For competitions, dancers who are benched will NOT attend those competitions with the team. Examples of why a dancer may be benched are: not mastering/executing part of routine; not being 'in-sync' or blending with the team; not bringing necessary uniform/performance items; missing practice (for any reason) the day the routine is taught; tardiness or disruptive behavior; disrespectful attitude; non-payment of any fees or non-participation in fundraising events. The coach reserves the right to remove any member from a performance or from the team at any time.

We have discussed/contemplated this constitution, along with the financial/time commitments in the tryout packet, for the EVHS Dance Team. Signatures below indicate that dancers/parents understand the rules/consequences and financial/time commitments of the EVHS Dance Team. Dancer signature indicates that she has agreed to abide by all team guidelines as well as EVHS guidelines. Parent signature indicates that the parent understands and has discussed the financial/time/behavioral requirements with their student.

Print Full Dancer Name

Dancer Signature

Date

Print Parent/Guardian Name

Parent/Guardian Signature

Date

Waiver and Release of Liability

By my signature below, I give my child permission to participate in the 2020 Eagle Valley High School dance team tryouts during April 28th, April 29th, & 30th. I acknowledge there is an inherent risk of serious injury and potential death associated with their participation in this tryout. With full understanding of the potential risks, I fully consent for my child to participate.

I, the parent or legal guardian of the participant of minor age herein, represent that I have the legal capacity and authority to act for and on behalf of said minor. I hereby bind myself; the minor and all other assigns to the terms of this Waiver and Release. I agree to indemnify and hold harmless Eagle County Schools, any other practice facility public or private, Eagle Valley High School, its Directors, and Staff for any claims and liabilities arising out of any incident occurring during participation in this tryout.

I certify that my child has full medical insurance and that they are physically fit to engage in the activities described above.

Participant's Name (please print)

Parent Name (please print)

Required Parent Signature _____ Date _____